



Cycle 4 Cynthia
Sunday 22nd September 2024



Registered charity no. 1174402

Terms and Conditions

1. All participants must complete and return a registration form or enter online.
2. Entry fee goes towards the organisation and cost of the event.
3. You accept that the event you have entered is not a race in any form.
4. You take full responsibility for your actions during the event, including the ride itself. The organisers are not responsible for your actions or the consequences of those actions.
5. We recommend that cycle helmets are worn and participants not wearing a cycle helmet do so at their own risk.
6. By signing up for this event, it is the participants responsibility to ensure their bicycle is well-built, equipped, and properly maintained for safe road riding under all conditions.
7. Persons registering for the event confirm that they do so with the ability to complete the chosen distance entered.
8. We, as organisers, will provide marshals, first aid coverage, and adequate food/refreshment stops along the routes.
9. Participants are responsible for bringing any additional refreshments required for their specific circumstances.
10. We reserve the right to refuse entry to the event to anyone with unsafe equipment or offensive clothing.
11. Children participating in the event:
 - a. All children taking part in the cycle must be aged between 5-15 years at the time of the event.
 - b. All children aged between 5-15 must be registered and accompanied by a parent or guardian.
 - c. If a child under 15 attends with an adult who is not their parent or guardian, the person making the registration must have the prior written consent of the child's legal parent or guardian.
 - d. Adults wishing to bring along children under 5 years on the day of the chosen ride, may do so provided they are secured in a BS standard child seat or trailer.
 - e. No adult may accompany more than four children on any ride and the registration system reflects this. This adult is fully responsible for these children for the duration of the ride.
12. If Covid restrictions are required at the time of the event the following processes will be put in place:
 - a. Hand sanitizer points and face masks will be provided on the event site, if required.
 - b. Participants will be required to observe social distancing on event site.
 - c. The starting times for your selected distance may be adjusted, e.g., departures in time slots/waves.
 - d. Any changes to the event that are related to Covid will be communicated to all participants.
 - e. If Covid social distancing measures need to be put in place, then there will be ***no pit stops on course***. Food and refreshments will only be made available at start/finish of the event.
13. Upon registration to the event, you agree that you are physically and mentally capable of riding the distance that you have chosen. If during the event you decide to change the route or distance, you do so at your own risk.

14. During the event, there will be warning signs at appropriate points. The absence of these signs does not signal that there are no dangers. It is your responsibility to decide whether to ride a section or not.
15. All routes are 'signed' with the appropriate coloured arrows and paint relating to chosen distance.
16. Participants must adhere to the instructions given by marshals on route.
17. We reserve the right to modify or shorten the advertised routes for reasons including but not limited to safety concerns, road works, or unforeseen circumstances. If modifications are made, entry fees will remain non-refundable, regardless of changes to the chosen route.
18. If you fail to complete the route for any reason, you agree to return to main event area or call head marshal whose number is in your ride guide.
19. Participants are requested to ride single file where appropriate and no more than 2 abreast at any time. Please be aware of other cyclists, other road users, and other traffic and always indicate your intention to stop or change direction.
20. Participants must adhere to and obey the Highway Code as well as the local bylaws of England.
21. Participants are expected to respect the roads, villages, and countryside that the event routes pass through. If you stop for a comfort break you are asked to do so discretely and appropriately and not to cause any offence to residents and others.
22. If involved in an accident and the situation arises that you are not capable of making the decision to call the emergency services, you agree that a member of our team or member of the public may call 999 on your behalf.
23. Participants accept full responsibility for any fees/costs incurred or arising from an incident or accident involved in during the event.
24. Participation in the event is at your own risk. Cynthia Spencer Hospice Cycle4Cynthia cannot be held responsible for any personal injury, accident, loss or damage.
25. If you are no longer able to take part in the event due to injury, illness or other circumstances and wish to transfer your place to another person, you are able to do so up until 72 hours before the event takes place. To transfer your place, please contact the fundraising office on 01604 973346 or by email events@cynthiaspencer.co.uk with details of the new cyclist.
26. We reserve the right to cancel the event due to extreme weather conditions, dangers on course, pandemic, social distancing measures.
 - a. The decision to cancel the event will be carried out no later than 24 hours prior to the event.
 - b. In the event of Cycle4Cynthia being cancelled participants are entitled to a refund on request or you can opt to donate your entry fee to support the work of the charity.
27. There will be an official photographer taking photographs at this event. These photographs will be used on social media and be used for further promotional materials. If you do not wish your photographs to be used, please contact the fundraising office on 01604 973346 or by email events@cynthiaspencer.co.uk.
28. By entering this event you are agreeing that any official photographs being taken can and may be used in promotion of future events.
29. We will only use your personal information as set out in our privacy policy. Our privacy policy can be found here: <https://www.cynthiaspencer.org.uk/privacy-policy>.

30. Disclaimer: Participating in this event is a hazardous activity. Each participant acknowledges that there is an inherent risk of physical injury that cannot be eliminated completely, including but not limited to an above-average risk of death and/or serious injury. Knowing this, each participant voluntarily assumes all of the risks of participating in the event, including the use of fancy dress and take full responsibility for any and all damages, liabilities, losses, or expenses incurred as a result of their participation.