

## Care in the last days of life – a workshop for Support Workers

Carers play a vital role in caring for people towards the end of their lives. This one day workshop aims to provide the knowledge and skills to assist staff to fulfil this role with confidence.



**Date:**  
Monday  
22<sup>nd</sup> May 2017

**Venue:**  
Cynthia  
Spencer  
Hospice  
Manfield Health  
Campus  
Kettering Road  
Northampton  
NN3 6NP

**Time:**  
9.30am –  
4.00pm



### Learning outcomes:

- have an appreciation of the vital role of the support worker
- understand what is meant by the terms “end of life care” & “palliative care”
- have an awareness of the importance and have the skills required in recognising when a person is approaching the end of their life
- demonstrate an understanding of the importance & principles of advance care planning, shared decision making and ones role within this
- explore the needs of families and others identified as important to the dying person
- have an understanding of the importance of compassionate communication & the associated skills that can be used in practice
- explain the support services available
- have an awareness of the 5 priorities for care of the dying person
- have an evidence based understanding, knowledge & practical skills as to how to care for a person in the last days of life, including symptom assessment and hydration & nutrition
- understand the importance of looking after one’s self

This workshop may not be appropriate for those who have suffered a recent bereavement, to discuss this please contact the End of Life Care Practice Development team 01604 678153  
If you have any additional learning needs please contact the team to discuss.

**Cost:** This workshop is free.

Please note there will be a charge of £60 for non-attendance if your reserved place is not cancelled within 72 hours of the course. Full details are on the booking form.

**For further information & to register,**  
email [eolceducation@nhft.nhs.uk](mailto:eolceducation@nhft.nhs.uk)

**or telephone 01604 678153**

Places are limited & allocated on a first come first served basis

**Working together to improve skills, knowledge & behaviours to  
deliver compassionate, high quality end of life care**